



# Belfast

A World Health Organization  
Healthy City



## ANNUAL REVIEW 2012/2013



## Belfast Healthy Cities

A member of the World Health Organization (WHO) European Healthy Cities network

### Our Vision

Our vision is of a healthy, equitable and vibrant city where all sectors provide individual and shared leadership, enabling citizens to achieve their full potential.

### Our Mission

Our mission is, through our leadership and innovation, to inspire and utilise the collective and individual strengths of partners to deliver the World Health Organization European Healthy City Phase V (2009-2013) goals and requirements and maximise their impact on health and inequalities.

Belfast is a leading member of the World Health Organization (WHO) European Healthy Cities Network, with a strong track record of meeting the WHO Healthy City goals and objectives of each five year phase. Belfast Healthy Cities has a staff team dedicated to working with partner organizations and key stakeholders to facilitate change in delivering the WHO goals and requirements.

Belfast Healthy Cities is also the WHO Secretariat to the WHO European Healthy Cities Networks.





## Chairperson's Report

I am pleased to present this annual review which highlights the work being carried out within Belfast as we move towards the end of Phase V of the WHO European Healthy Cities Network (2009-2013) and begin the planning to seek designation to Phase VI (2014-2018).

The 25th Anniversary Lecture Series provided the opportunity to welcome keynote speakers from across Europe and from the World Health Organization to Belfast to speak to and inspire audiences from a range of organisations and sectors. The final lecture in this series took place in March 2013, at which Professor Ilona Kickbusch, Director of the Global Health Programme, Graduate Institute, Geneva, gave the keynote address. Dr Jessica Allen, for the Institute of Health Equity, University College London, also spoke and a panel debate with Belfast Strategic Partnership Chief Executives stimulated lively discussion.

One of the strengths of being part of the Healthy Cities Network is the connection to and learning with other cities across Europe. This is shown with the work of the subnetworks, which brings together small numbers of cities to work together

on particular themes and build expertise to share more widely. Relevant stakeholders represent Belfast on these subnetworks.

Belfast Healthy Cities is only possible because of the commitment of all the partners. I would like to thank the politicians, Chief Executives and Permanent Secretaries for their continued support.

It is also important to recognise that none of this work would happen without the dedication and enthusiasm of the small team of officers who make up the Belfast Healthy Cities office. I would like to pay tribute to Ms Joan Devlin, the Chief Executive and the rest of the team.

I also thank the Board of Directors and in particular Mr John McMullan, Treasurer, for their support to me as Chair.

I look forward to Belfast gaining designation for Phase VI of the WHO Healthy Cities Network, and building on our achievements to date.

**Dr Bernadette Cullen**



## Chief Executive Officer's Report

The Chair's report commends key programmes of work throughout the year as outlined in the review.

Added to this, the 25th Anniversary Awards provided an opportunity to celebrate the innovation and achievement in a wide range of initiatives that are addressing challenging health issues and inequalities in Belfast.

Our role as WHO Secretariat strengthens our relationships within the healthy cities and national networks in WHO Europe and many of our partner organisations represent Belfast through the WHO Subnetworks on ageing, equity and healthy urban planning.

I would like to pay my tribute to the staff who as a team are highly committed and productive. I would also like to thank the many colleagues whose collaborating efforts support our goal of achieving a healthy city.

Finally, I would like to thank the Board of Directors for their strong support throughout the year and particularly to the chair for her support to me. I look forward to our continued learning from being a member of the WHO European Network in Phase VI.

**Joan Devlin**

# Celebrating 25 Years as a WHO European Healthy City

Throughout the year, Belfast celebrated 25 years as a designated WHO European Healthy City. This culminated in November with a celebration event and Healthy Cities Awards ceremony at Belfast Harbour Office.

It was an honour to welcome to Belfast Dr Agis Tsouros, Director of the Division of Policy and Governance for Health and Well-being and Head of European Healthy Cities, WHO Regional Office for Europe as honorary chair of the awards and keynote speaker.

## Expression of Interest to Phase VI

Prior to the event, Lord Mayor of Belfast, Councillor Máirtín Ó Muilleoir and Dr Eddie Rooney, CEO, Public Health Agency presented Dr Tsouros with Belfast's letter of expression of interest to become a Healthy City in WHO Phase VI (2014-2018) Network. This is the first stage in the application process.



# Belfast Healthy Cities 25th Anniversary Celebration and Awards Event



Opening the event, journalist and broadcaster, Jim Fitzpatrick introduced a number of short films outlining the development of Belfast as a city over the past

25 years. Joan Devlin, CEO, Belfast Healthy Cities then outlined the concepts and new approaches that have been introduced to Belfast over the years through its membership of the WHO European Healthy Cities Network.

Dr Tsouros commended Belfast's achievements and its contribution to the network as a designated city, through five WHO phases, with the presentation of a certificate. He said

"I have been a visitor to Belfast since the early days of this project and the changes in recent years have been remarkable. A sustainable city is one, which is based on

health equality and wherever WHO Healthy Cities operate, we strive to promote equitable wellbeing. I am delighted to be here again"

In his keynote address, he outlined the current and emerging challenges for public health and how these could be addressed with the new WHO European policy, Health 2020.

The session concluded with a panel discussion featuring Colm Donaghy, Belfast HSCT, Dr Eddie Rooney, PHA and Suzanne Wylie, Belfast City Council.



# Belfast Healthy Cities 25th Anniversary Awards

In recognition of the wide diversity of successful approaches taken by organisations across the city over the past twenty-five years to address health inequalities and promote better health and well-being, Belfast Healthy Cities held special 25th anniversary awards.

Awards were made in six categories, reflecting the WHO Healthy Cities priorities through the years,

including Promoting Health Equity; Child Friendly Spaces; Healthy Ageing; Active Living; Healthier Environments and Healthy and Sustainable Food.

The judging panel included Dr Bernadette Cullen, Chair of Awards and Belfast Healthy Cities; Claire Keatinge, Commissioner for Older People Northern Ireland; Patricia Lewsley-Mooney, the Northern Ireland Commissioner for

Children and Young People; Paddy Barnes, Olympic Medal Winning Boxer; Chris Bennett, The Dock Church; Pat Corker, Principal Policy Officer, Northern Ireland Environment Agency, and Joan Devlin, Chief Executive, Belfast Healthy Cities.

**Further information about the awards is available at [awards.belfasthealthycities.com](http://awards.belfasthealthycities.com)**



## Healthy Cities Explorer Award

Brian Hanna, who along with Dr Jane Wilde initially introduced the idea of Healthy Cities to Belfast, launched a new award from Belfast Healthy Cities. The Healthy City Explorer award will support a study visit

to a sister Healthy City or National Network, where the award holder will learn about its approach to a WHO Healthy Cities priority theme, and share their findings at the Belfast Healthy Cities Annual General Meeting.





## Category Winners

### Promoting Health Equity (Joint Winners)

Traveller Health & Wellbeing Project  
*Belfast Health and Social Care Trust*

Healthy Hearts in the West Initiative  
*West Belfast Partnership Board*

### Healthy Ageing

Unlocking Potential  
*Volunteer Now*

### Healthier Environments

Patterns of the City  
*Arts Care/Belfast City Council*

### Child Friendly Spaces

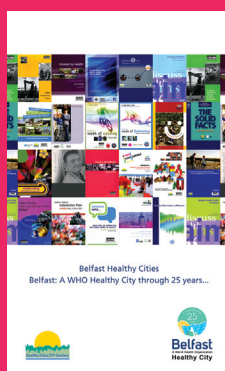
Little Ligoneilers  
*Ligoniel Improvement Agency*

### Active Living

Green Gym  
*The Conservation Volunteers*

### Healthy and Sustainable Food

Belfast Food Swop



The 25th Anniversary  
publication is available at  
[www.belfasthealthycities.com](http://www.belfasthealthycities.com)

## 25th Anniversary Lecture Series

The concluding lectures in the series took place, welcoming leading senior practitioners, academics and decision makers to share their expertise and encourage discussion of key issues at a local level.

2013's opening session on sustainable and healthy planning and regeneration, which was chaired by Dr John McPeake, Chief Executive, Northern Ireland Housing Executive, included a contribution from Dr Aideen McGinley on the One regeneration plan for Derry.

Councillor Bernie Kelly, Chair of the Belfast City Council All Party Group for Older People welcomed Dr Manfred Huber who leads the Healthy Ageing programme in WHO Europe

and Professor Furio Honsell, Mayor of Udine, lead city in the European Healthy Cities Healthy Ageing Subnetwork as keynote speakers at the Healthy and Active Ageing lecture.

To conclude the series we were delighted that Professor Ilona Kickbusch, the internationally renowned thinker in public health took time out of her busy schedule to share the latest innovations in global leadership and governance for health.

Further resources from the series, including summary notes and presentations from all six lectures are available at <http://www.belfasthealthycities.com>





# Health Equity in All Policies (HEiAP)

HEiAP is the overarching goal of being a WHO Phase V European Healthy City. It is a holistic, internationally tested model that supports government departments and agencies to demonstrate commitment to improving health and wellbeing by considering the key determinants of health and the health impacts of policy across all sectors and layers of Government.

During the year, Belfast Healthy Cities has contributed to partnership approaches for developing new policies and strategies, which not only meet the organisation's specific aims, but also have the potential to deliver better health outcomes for the people of Belfast.

## Community Pharmacy Strategy with DHSSPS



Building on work, which began in 2012, Belfast Healthy Cities continued to inform and support the development of the refreshed DHSSPS Community Pharmacy strategy for

Northern Ireland. As chair of the public health working group, a sub group of the Pharmacy Strategy Board, Belfast Healthy Cities collated evidence on health equity issues relating to the public health goals proposed by the group. These include improving health and wellbeing, self-care, signposting and referral and community integration. Alongside, Community Development and Health Network (CDHN), Belfast Healthy Cities also facilitated a consultation on the strategy with community and voluntary sector stakeholders.

## Economic Inactivity Strategy with Department for Employment and Learning

A pre-consultation workshop with health professionals was held in August. This, along with an evidence paper developed by Belfast Healthy Cities, set out the case for the inclusion of health equity impacts within the strategy. Issues addressed included the influence of the quality of jobs on health and the potential for health interventions, through a strong strategy to support employment particularly in relation to mental health, physical disability and addressing structural barriers.

Both papers are available at [www.belfasthealthycities.com](http://www.belfasthealthycities.com)

## HEiAP Publication

An updated version of the Health Equity in Action Case Studies publication, which documents the practical application of the HEiAP model, was expanded to include three new examples of work undertaken in partnership with health and non-health organisations during 2013. It is available at [www.belfasthealthycities.com](http://www.belfasthealthycities.com)

# Regeneration and Healthy Urban Environments

## Regeneration and Healthy Urban Environments Group (R&HUE group)

The R&HUE group has a dual mandate, delivering on behalf of Belfast as a WHO Healthy City on the core theme of Healthy Urban Environment, and also on the regeneration theme of Belfast Strategic Partnership. (BSP)

## Capacity Building: Reuniting Health and Planning

A scoping exercise for the Reuniting Health and Planning project was completed by UU student, Alex O'Hara as his MSc dissertation. The study, which analysed relevant capacity building tools from elsewhere in the UK and interviewed key stakeholders, confirmed the need for similar local tools that help professionals in the health and built environment sectors to understand the link between planning and health. The dissertation was awarded the 2013 Royal Town Planning Institute (RTPI NI) Joanne Mathers Award



Professor Greg Lloyd, Head of the School of the Built Environment, Alex O'Hara, and Carol Ramsey, Chairperson, Royal Town Planning Institute NI

for best final year research project.

The project will be developed in 2014, initially delivering an online resource identifying links between health and the built environment and beginning to explore options for closer collaboration across sectors in the future.

*The dissertation was awarded the 2013 Royal Town Planning Institute (RTPI NI) Joanne Mathers Award for best final year research project.*

## Sustainable Food City

Belfast Healthy Cities was one of a number of organisations who supported a successful application for Belfast to become a funded Sustainable Food City. Belfast will be one of six cities exploring what it can do to transform its food culture by giving citizens

access to local, affordable and sustainable food. The learning from this programme will support up to 100 urban areas, throughout the UK, to become part of a network of sustainable food cities by 2017.

# Regeneration and Healthy Urban Environments

## Active Travel

Belfast Healthy Cities continues to contribute to the Belfast Strategic Partnership Active Travel group. The focus of action during the year was preparing for the development of an active travel action plan for Belfast, which is being undertaken jointly by Active Belfast and the R&HUE group, with Active Belfast providing secretariat lead.

## Landscape Institute Policy Committee

Belfast Healthy Cities was invited to participate on a working group supporting the development of a publication for the Landscape Institute- the Royal Chartered institute for landscape architects, outlining recommendations on how public health and wellbeing can be better integrated into the planning, design and management of all landscapes.

## Queen's University Belfast Research Project - Knowledge Exchange, Spatial Analysis and Healthy Urban Environments: Integrating walkability models into practice (KESUE)

Belfast Healthy Cities part funded this QUB research project, which produced a Geographic Information System (GIS) database of walkable routes across Belfast and Derry. The project mapped the walkable network of the cities, using this to generate new ways of

supporting a range of policy initiatives in park management, transport and public health.

The model has been used to inform work on age friendly cities at a local level, and also has potential as a means of increasing shared

learning within the WHO European Healthy Cities Network. Further routes for development include the identification of long-term applications for the model, such as the systematic utilisation of the model in decision-making.

## Climate Change and Health Partnership

Belfast Healthy Cities continues to facilitate the Climate Change and Health Partnership, a regional grouping chaired by DHSSPS. Its focus is raising awareness and understanding of the health impacts of climate change. During the year, work was undertaken exploring health indicators relevant

to climate change, collating information on relevant existing initiatives in the field, and sharing information on climate change with partners. The group also analysed the Climate Change Risk Assessment and explored linkages to the forthcoming Northern Ireland Climate Change Adaptation Programme.

# Child Friendly Belfast

## Planning a Child Friendly Belfast

Belfast Healthy Cities has been involved in leading child friendly work in the city, piloting new approaches such as Shaping Healthier Neighbourhoods for Children and KidsSpace, as well as adapting international models for local use. It has proved highly successful and a number of organisations have expressed an interest in developing a strategic approach to policy development and planning with the needs of children at its heart.

Development of a strategy and action plan to make Belfast a more child friendly place will form a key part of the programme in 2014. It will be a Belfast Strategic Partnership demonstration project, will bring together existing initiatives, while identifying opportunities for new ways of working that address gaps in provision.

## Shaping Healthier Neighbourhoods for Children - Giving children a voice on the built environment.

The Shaping Healthier Neighbourhoods for Children model, which was previously delivered in west Belfast has now been delivered in three primary schools in north Belfast, Holy Family PS, Currie PS and Bunscoil Mhic Reachtain. The focus of the project is to gather the opinions and wishes of children on their local environment which will inform local strategic level work and enhance the participant's own understanding of how place shapes people's lives, health and well-being. In 2014 additional schools in north, south and east Belfast will join the programme providing information from all areas of the city.



## Child Friendly Belfast



In September, KidsSpace, the initiative that transforms a public space into a child friendly place, was one of the main attractions for children and families on Belfast Culture Night. Young and not so young participants were able to make use of creative space facilitated by artists, active space with a hi-energy dance group, and sports coaches and free space.

This year the events which took place in Writers' Square, Donegall Street drew an estimated 1,000 children and families. The event was organised by Belfast Healthy Cities in partnership with Department for Social Development, Active Belfast, Northern Ireland Housing Executive, PlayBoard, Public Health Agency, Belfast City Centre Management, Play Resource and Ashton Community Trust.

A key aim of the event is to gain the views of children and families on how to use city space, and an art based consultation activity supported extensive evidence gathering.

# Age Friendly Cities

## Age Friendly Belfast

The Healthy Ageing Strategic Partnership (HASP) brings together a wide range of organisations that have an interest in making Belfast a better place to live and grow old in. The city is currently working towards accreditation as a WHO Age Friendly City, a strategic process that involves recognising the existing features of a city that make it a supportive place for an ageing population, while identifying issues that to be addressed and improved upon.

Belfast Healthy Cities are contributing to the HASP action plan under the age friendly environments theme. During the year, work was carried out to assess the built environment against WHO age friendly indicators, including gathering information on access, quality of the environment and safety.

A walkability audit tool was piloted on streets in east Belfast with Mullen Mews and Sydenham Court supported housing and in parks across the city, with North Belfast Seniors Forum, Engage with Age and RNIB. The tool is designed to engage older people in assessing and gathering their views on the built environment surrounding their home and parks in the local area.

A report with recommendations that the strategic partnership will use to inform discussions with city planners and decision makers be will published in early 2014.



## Strengthening Local Leadership

### Leadership for the Common Good Masterclasses

After a successful presentation in 2012, the Leadership for the Common Good- Promoting Equity

in Health Masterclasses series was again offered to managers, from all sectors, who have responsibility for leadership for health. In March 2013, twenty

participants completed the programme, which was facilitated by Irene Hewitt, Independent Consultant and Senior Consultant in Health, The Kings Fund.



## Transforming Inequalities in Health Workshop

In March, in partnership with Ashton Community Trust, the Transforming Communities workshop brought Hazel Stutely OBE and Dr Jonathan Stead from Connecting Communities (C2) to Belfast to share learning about a community development model of practice that has tackled inequalities and transformed health outcomes in England and Scotland. Along with local contributors including the then Chair of the NI Assembly Health Committee, Sue Ramsey MLA; Dr Leslie Boydell, Belfast Health and

Social Care Trust, and Dr Eddie Rooney, CEO, Public Health Agency, the workshop considered how the model

could be adapted to address inequalities within local neighbourhoods in the city.



# Supporting Health in Romania

## Supporting health in the workplace in Romania

A three-year project, focusing on workplace health and economic development in conjunction with Romtens, a private sector organisation in Romania concluded successfully.

A study visit to Northern Ireland by employers included meetings to look at local models of economic development with agencies including Department of Agriculture and Rural Development; Invest NI; Department for Employment and Learning; East Belfast Partnership Board and Business in the Community. Site visits to a range of private and social enterprises, included Irvinestown Trustee Enterprise Company; Landmark East and Bryson Recycling.



Three publications focusing on Health and Well-being; Promoting and Developing Healthy Workplaces and Working in Partnership for Health Promotion were presented at a final conference in June 2013 in Bucharest.

## Sharing Healthy Cities Learning

A key role of being a member of the WHO network is to share learning at a local, national and European level. Opportunities this year included;

- Bergamo, Italy: Exploring the potential of Healthy Cities in the local province.
- Lombardy, Italy: Implementing the WHO public health policy Health 2020.
- Geneva, Switzerland: International Conference on Health Impact Assessment
- Glasgow, Thriving Places Community Planning Workshop: Developing Child Friendly Cities
- Cork, EcCoWell Conference, Developing Healthy Cities
- Dublin, Groundwork NI/Northside Partnership Dublin Conference: Developing A Positive Future - Building from the Bottom Up: Developing Child Friendly Cities

## Information Service

The Belfast Healthy Cities Information Service continues to redistribute Departmental and WHO news and information to more than 1000 subscribers.

All policy responses are available at [www.belfasthealthycities.com](http://www.belfasthealthycities.com)



# WHO European Healthy Cities

## WHO Secretariat

Belfast Healthy Cities continued its role as WHO Secretariat to the WHO European Healthy Cities Networks. In this capacity, it has undertaken extensive work during the year in evaluating Phase V (2009-2013) as it draws to close, as well as developing resources and supporting the designation process for the new Phase VI (2014-2018).

## WHO European Healthy Cities Case Studies Resource

As part of its Secretariat role Belfast Healthy Cities also developed a case studies resource for WHO Healthy Cities Network members, which collates and categorises presentations from past business and technical conference to support knowledge transfer and learning.

## National Healthy Cities Networks- UK and Ireland

Belfast Healthy Cities continues to contribute to the UK national network, including participation in its annual conference and quarterly network business meetings, which offer an opportunity to exchange information and explore ways of working together at a country level.

There has also been ongoing work this year to support the continuing development of a National Network of Healthy Cities in Ireland.



Conference delegates including Dr Zsuzsanna Jakab, WHO Regional Director for Europe

### WHO European Healthy Cities Business and Technical Conference, Izmir, Turkey September 2013



Belfast Healthy Cities worked closely with colleagues in Izmir, Turkey to plan and manage the 5th Annual Business and Technical Conference of WHO

European Healthy Cities Network and European National Healthy Cities Network of Phase V. Its overarching theme was Innovation and Shared Governance for Health and Well-being, explored through three strands: health in all local policies; building resilient communities; and the economics of public health.

The Belfast delegation included Councillor Colin Keenan and Damian Connolly as Belfast City Council representatives, and John McMullan and Nigel McMahon as representatives of the Belfast Healthy Cities Board of Directors. Belfast presented case studies on Health Equity in all Policies and Healthy Urban Environments.

# WHO European Healthy Cities Subnetworks

## WHO European Healthy Cities Subnetworks

Subnetworks of the Healthy Cities network are a structure supporting cities to achieve innovation and delivery on core themes including Health Equity (led by Belfast), Healthy Urban Planning, Health Literacy and Healthy Ageing.

## Healthy Ageing Subnetwork

In February, Belfast was delighted to welcome to the city the WHO European Healthy Cities Healthy Ageing Subnetwork. The subnetwork of more than 30 delegates from across the WHO European region including, Dr Manfred Huber, Coordinator, Healthy Ageing, Disability and Long-term Care, WHO Regional Office for Europe met at Belfast City Hall, where they were officially welcomed to the city by the then Lord Mayor, Alderman Gavin Robinson and Cllr Bernie Kelly, chair of

the All Party Group for Older People. Discussions at the two-day meeting included the potential of closer ties between cities through the establishment of a Europe wide WHO Age Friendly Cities Network.

Cities participating in the meeting included subnetwork lead city Udine, Italy; Horsens, Denmark; Uppsala, Sweden; Ankara, Turkey; Izmir, Turkey; Brno, Czech Republic; Newcastle upon Tyne and Manchester.



## Health Equity Subnetwork

Belfast continues to lead the Health Equity subnetwork. This year the group met at the Annual Healthy Cities Network conference in Izmir,

Turkey and in Stoke on Trent, UK. The main work, which has been facilitated by Anna Ritsatakis, WHO expert advisor to the Health Equity Subnetwork and Erica Ison, Healthy Equity Specialist, has

been the consideration of existing health equity tools to inform the development of a user-friendly health equity checklist and tool that can be used on a number of levels.

# Board Members / Staff

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## Board members

Dr Bernadette Cullen, Public Health Agency, Chair  
Dr Leslie Boydell, Belfast HSC Trust, Vice Chair (resigned June 2013)  
Mr John McMullan, Bryson Charitable Group, Treasurer  
Dr Karen Casson, University of Ulster  
Ms Justine Daly, Turley Associates (co-opted August 2013)  
Mr Neil Dunlop, Belfast City Council  
Dr Geraint Ellis, Queens University Belfast  
Mr Maurice Kinkead, East Belfast Partnership (resigned May 2013)  
Ms Mary McDonnell, Northern Ireland Housing Executive  
Mr Clifford McIlwaine, DOE  
Mr Nigel McMahan, DHSS&PS  
Ms Catherine McNicholl, Belfast HSC Trust (co-opted October 2013)  
Mr Bryan Nelson, Belfast HSC Trust, (co-opted May 2013)  
Ms Siobhan Toland, Belfast City Council

## Staff

Joan Devlin	Chief Executive and WHO Secretariat
Maura Ahern	Business Support Manager
Jonna Monaghan	Health and Wellbeing Manager (Healthy Urban Environment Lead)
Caroline Scott	Support Officer Belfast Healthy Cities and WHO Secretariat
Laura McDonald	Health Development Officer Inequalities
Anne McCusker	Policy and Project Officer (Appointed June 2013)
Suzanne Miller	Information and Policy Officer
Clare McIlhatton	HUE Placement Student (Appointed June 2013)

In July 2013, Ruth Fleming, Health and Wellbeing Manager (Health Equity in All Policies Lead) left Belfast Healthy Cities after a period of long service. We thank her for her commitment and dedication and wish her well for the future.

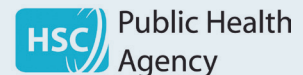
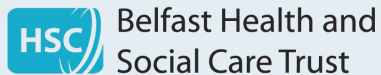
# Partners and Funders

## Partners and Funders

Belfast Healthy Cities would like to recognise the wide range of stakeholders and partners from the community, voluntary and public sectors, universities and government departments who have made a substantial contribution to the success of Belfast Healthy Cities programmes during the year.

Appreciation is also expressed to our core funders who have helped to make our work possible throughout 2012/13

Public Health Agency  
Belfast City Council  
Belfast Health and Social Care Trust  
Northern Ireland Housing Executive



We are also grateful to the Department for Social Development and Belfast City Council for their financial contribution to the KidsSpace programme.

We would also like to thank the sponsors of the 25th Anniversary Celebration and Awards Event: Food Standards Agency in Northern Ireland, Avec Solutions, MW Advocate, Muldoon and Co. and Presseye.

# Belfast Healthy Cities Project Limited

(A company limited by guarantee)

## **Independent auditor's report to the trustees of Belfast Healthy Cities Project Limited**

We have audited the financial statements of Belfast Healthy Cities Project Limited for the year ended 31 March 2013 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes. These financial statements have been prepared under the accounting policies set out therein and the requirements of the Financial Reporting Standard for Smaller Entities (effective April 2008).

This report is made solely to the company's members, as a body, in accordance with Section 495 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

## **Respective responsibilities of the trustees and auditors**

The trustees' (who are also directors for the purposes of company law) responsibilities for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) are set out in the Statement of Trustees' Responsibilities.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the Companies Act 2006, and whether the information given in the Trustees' Annual Report is not consistent with the financial statements. We also report to you if, in our opinion, the charitable company has not kept proper accounting records, if we have not received all the information and explanations we require for our audit, or if information specified by law regarding trustees' remuneration and other transactions is not disclosed.

We read other information contained in the Annual Report, and consider whether it is consistent with the audited financial statements. This other information comprises only the Trustees' Annual Report. We consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies with the financial statements. Our responsibilities do not extend to any other information.

## **Basis of audit opinion**

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the trustees in the preparation of the financial statements, and of whether the accounting policies are appropriate to the charity's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order

# Belfast Healthy Cities Project Limited

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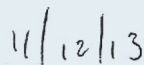
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to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

## Opinion

In our opinion:

- the financial statements give a true and fair view, in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities, of the state of the charity's affairs as at 31 March 2013 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended and have been properly prepared in accordance with the Companies Act 2006; and
- the information given in the trustees' report is consistent with the financial statements.



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**Mr Robert Barr ACA**  
(Senior Statutory Auditor)  
For and on behalf of

**Date**

Muldoon & Co, Statutory Auditor  
Chartered Accountants & Reporting  
Accountants  
16 Mount Charles  
Belfast  
BT7 1NZ

# Belfast Healthy Cities Project Limited

(A company limited by guarantee)

Balance sheet as at 31 March 2013

	Notes	2013		2012	
		£	£	£	£
<b>Fixed assets</b>					
Tangible assets	11		5,407		7,131
<b>Current assets</b>					
Debtors	12	156,366		14,676	
Cash at bank and in hand		128,475		286,975	
		<u>284,841</u>		<u>301,651</u>	
<b>Creditors: amounts falling due within one year</b>	13	(80,388)		(94,094)	
<b>Net current assets</b>			<u>204,453</u>		<u>202,994</u>
<b>Net assets</b>			<u>209,860</u>		<u>210,125</u>
<b>Funds</b>	14				
Restricted income funds			96,008		96,008
Unrestricted income funds			113,852		114,117
<b>Total funds</b>			<u>209,860</u>		<u>210,125</u>

The financial statements were approved by the Board and signed on its behalf by:



**Dr Bernadette Cullen**  
Chair

11/12/13

Date



**Mr John McMullan**  
Treasurer

11/12/13

Date



**Belfast Healthy Cities**

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A charity registered with Inland Revenue (No. XR14105). Company limited by guarantee (No. NI31042)