



A Healthy Belfast - Belfast City Council Local Government Election, May 2023

Belfast Healthy Cities is asking candidates in this year's local Government election to make health and wellbeing a central part of their policy programme, if elected to Council.

Throughout 2022 Belfast Healthy Cities worked on a citywide Health Profile - [BELFAST Profiling Health, Wellbeing & Prosperity](#). The city profile used a wide range of data to determine and present a real time picture of health in the city of Belfast and of the issues that determine the health and wellbeing of our citizens. It examined how a range of health related determinants were changing, positively or negatively, how they compare with the rest of NI and how they differ across the city.

The Health Profile is broken into 6 themes: People, Place, Participation, Prosperity, Peace and Planet. Health is about much more than the health service, and the 6Ps cover almost all aspects of daily living.

The city profile is published and is available to inform decision makers and influencers on the changes needed to improve the health and well-being of each and every citizen of Belfast.

We are asking election candidates to work to make a real difference to citizens by prioritising action under each theme.



A Healthy Belfast

People

The variance in life expectancy and quality of life across Belfast remains far too wide. Reduce health inequalities and ensure a healthy Belfast with shared access to health information and services.

Place

Make Belfast a truly walking city, increase the number of 'walking buses' in our schools and remove barriers to older people walking in Belfast.

Prosperity

Work towards a shared prosperity, promoting and facilitating access to education and employment programmes, to ensure that no one is left behind.

Participation

Increase participation in community and local activities. Connection to sport, volunteering, the arts and local decision making improves a citizen's lived experience and furthers the goal of participatory democracy.

Planet

Councils have a role in tackling the global climate challenge. Deliver programmes aimed at improving the local air quality; increase use of sustainable transport options and open up green space within the city.

Peace

Work in partnership with other statutory agencies and civic partners to ensure safer streets and a Belfast that is open and welcome to residents, workers and visitors.

Life expectancy (years) at birth in men and women

| | | 2015 - 2017 | 2019 - 2021 |
|-------------------------|--------|-------------|-------------|
| Belfast | Male | 75.8 | 75.6 |
| | Female | 81.0 | 80.5 |
| Northern Ireland | Male | 78.5 | 78.4 |
| | Female | 82.3 | 82.2 |
| NI Most deprived areas | Male | 74.2 | 73.9 |
| NI Least deprived areas | Male | 81.3 | 81.2 |
| NI Most deprived areas | Female | 79.6 | 79.1 |
| NI Least Deprived areas | Female | 84.1 | 84.2 |



Belfast Healthy Cities

Tel: +44 (0) 28 9032 8811

www.belfasthealthycities.com

@belfasthealthy